Trainee: _____

12 HOUR MINIMUM PACK REQUIREMENTS		COURSE 1	COURSE 2	COURSE 3
WATER BOTTLES - 1 LITER	X2			
COMPASS				
UMS RULER				
NOTE PAD AND PEN				
SUNGLASSES OR EYE PROTECTION				
WHISTLE	Plastic			
WORK GLOVES	Leather/Thorn Resistant			
FLASHLIGHT AND HEADLAMP	Plus Batteries			
RAIN GEAR	Top AND Bottom			
BACKPACK/GEAR REPAIR KIT				
SNACKS				
POCKET KNIFE	Folding			
MATCHES OR LIGHTER	Waterproof			
WARM GLOVES AND CAP	LightWinter Glove			
FIRST AID KIT	Wait till after First Aid training			
CPR SHIELD OR MASK				
REFLECTIVE TARP/GROUNDCLOTH	Not a "Space Blanket"			
NON COTTON JACKET OR SWEATER	WOOL OR SYNTHETIC			
NON COTTON SOCKS	1 pair			
24 HOUR MINIMUM PACK REQUIREMENTS				
4 COLD MEALS				
TOILET PAPER				
NON COTTON SOCKS	2 or more pairs			
BASE LAYER	Top AND Bottom			
NON COTTON PANTS	X1			
NON COTTON SHIRT	X1			
ACCESSORY CORD X50FT	Paracord not recommended			
TARP 8X10 MINIMUM	SilNylon or Ployester			
TENT STAKES X6	Light			
SLEEPING PAD	Inflatable or Closed Cell			
GARBAGE BAGS	33 gal X1 1 gal X4			
48 HOUR MINIMUM PACK REQUIREMENTS				
EMERGENCY FOOD				
2 HOT MEALS				
COOK SET	750ml recommended			
STOVE AND FUEL	Sharable			
SLEEPING BAG	20 degree synthetic or Treated Down			

Checked By: _____

OPTIONAL BUT STRONGLY RECCOMENDED IN ALL PACKS		COURSE 1	COURSE 2	COURSE 3
LIP BALM				
SUNSCREEN				
INSECT REPELLENT				
GAITERS				
GEAR REPAIR KIT				
PERMANENT MARKER				
HAND WARMERS				